



**Sari Lewis, OTR/L, RCST®**

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### Personal Health Information

Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ Daytime Phone: (     ) \_\_\_\_\_

City/State/Zip: \_\_\_\_\_ Evening Phone: (     ) \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: (     ) \_\_\_\_\_

Referred by: \_\_\_\_\_

Occupation/Employer: \_\_\_\_\_

Primary Health Care Provider/Doctor: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

Permission to consult with primary provider? Please initial. Yes \_\_\_\_\_ No \_\_\_\_\_

Emergency Contact/relationship: \_\_\_\_\_ Phone: (     ) \_\_\_\_\_

### Treatment History

What types of body work have you received in the past? \_\_\_\_\_

When was your last session of bodywork? \_\_\_\_\_

What results do you want from your Wellness visit? \_\_\_\_\_

Prioritize the areas of your body that you would prefer to have treated: \_\_\_\_\_

Are you currently seeing a medical practitioner? Please explain: \_\_\_\_\_

Are you currently seeing a psychotherapist or are you attending regular support group meetings?  
Please explain: \_\_\_\_\_

List stress reduction/exercise activities and frequency: \_\_\_\_\_

List current medications, including aspirin, Ibuprofen, etc: \_\_\_\_\_

(Please proceed to page 2)

**Previous History (Include year and treatment received)**

Surgeries/Accidents/Injuries: \_\_\_\_\_

**Health History (Please describe history of medical conditions and current status)**

Musculo-skeletal: \_\_\_\_\_

Skin: \_\_\_\_\_

Digestive: \_\_\_\_\_

Circulatory: \_\_\_\_\_

Nervous System: \_\_\_\_\_

Reproductive: \_\_\_\_\_

Infectious disease: \_\_\_\_\_

Other: \_\_\_\_\_

I have stated all medical conditions that I am aware of and will update the practitioner of any changes in my health status.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

I agree to be financially responsible at the time of service for the full cost of Wellness Visits with Sari Hands PLC. **I will not, nor will Sari Hands PLC bill my insurance company for the services.**

I realize that Wellness Visits are separate from Occupational or Physical Therapy services. **If I am under care in another therapy program, I will inform my therapist prior to scheduling my visit.**

I agree to hold Sari Hands PLC harmless from any claims, demands, injuries, damages or actions resulting from participation in a Wellness Program with Sari Hands PLC

I also realize that appointments are to be scheduled at a mutually convenient time.

\_\_\_\_\_

**Patient Signature**

**Date**

